



# FOOD AND DRINK – B1

## I. About this Lesson

**Activity title:** Food & Drink

**Level:** B1

**Subject:** English as a foreign language

**Timing:** 60 minutes

**Resources:** computer with internet access, video projector

**Learning objectives:**

Vocabulary Related to food and drink, preparing a dish, healthy eating.

**Materials needed:** Computer with internet access, whiteboard, internet, worksheet, pen & paper & post-its.

## II. Lesson Scenario

### 1. Instructions for the teacher

#### Introduction (5 min)

Start the lesson with a short “Check IN” by telling students:

- Today, we will study the topic of food and drink.
- I will tell you about useful vocabulary you can use about this topic.
- Next, I will present exercises in order to practice this vocabulary.
- Then we will do the exercises together in pairs / groups.
- Once the exercises are done, we will review what we have learned by means of a Check out.



### Warm-up (10 min)

Give the students the first exercise of the worksheet and put them in pairs or groups. Ask them to discuss the questions together. Monitor during the activity.

### Exercise 2: Match the words to the pictures (15 min)

- a. Give each student the worksheet and ask them to do the second exercise.

**Answers:** Match the words to the pictures.

1. Pizza
  2. Ice-cream
  3. Drink / soda
  4. Watermelon
  5. Sandwich
  6. Cake
  7. Cupcake
  8. Bread
- b. Pre-teach related vocabulary that is useful to talk about food and drink. You can write it on board or prepare a sheet for each student with helpful words and expressions.
- c. Ask students to write on post-its words (in their mother tongue) that they don't know and they wanted to use in this activity. Let them put those post-its on the board and translate them into English.
- d. Practice pronunciation by reading the words from the board with students.



### Exercise 3: Maxi´s Food Quiz. (15 min)

- a. Give students the worksheet.
- b. Ask one pair in class to read the instructions aloud.
- c. Ask students to do the task in pairs.

#### Answers:

Panel 1. Lettuce, cucumber, tomato

Panel 2. Bread is a generic term usually used for the staple food which is used to accompany other foods or to make sandwiches etc. A roll is a round, individual portion of bread. A croissant is a kind of light French pastry eaten at breakfast.

Panel 3. 'biscuits' is British English and 'cookies' is American English

Panel 4. Prawns, crab, shrimp, lobster, clams etc.

### Exercise 4: Healthy Eating Quiz. (10 min)

- a. Give students the worksheet.
- b. Explain what they have to do.
- c. Ask students to do the task in pairs.
- d. Ask them to work in pairs to tell each other about their healthy eating habits.

**Answers:** A – 3; B – 4; C – 5; D – 1; E – 2

- 'French fries' is the American English version, 'chips' is the British English equivalent of French Fries, and 'crisps' is the British English equivalent of American 'chips'

### Assessment & Evaluation

Do some peer work whilst monitoring.



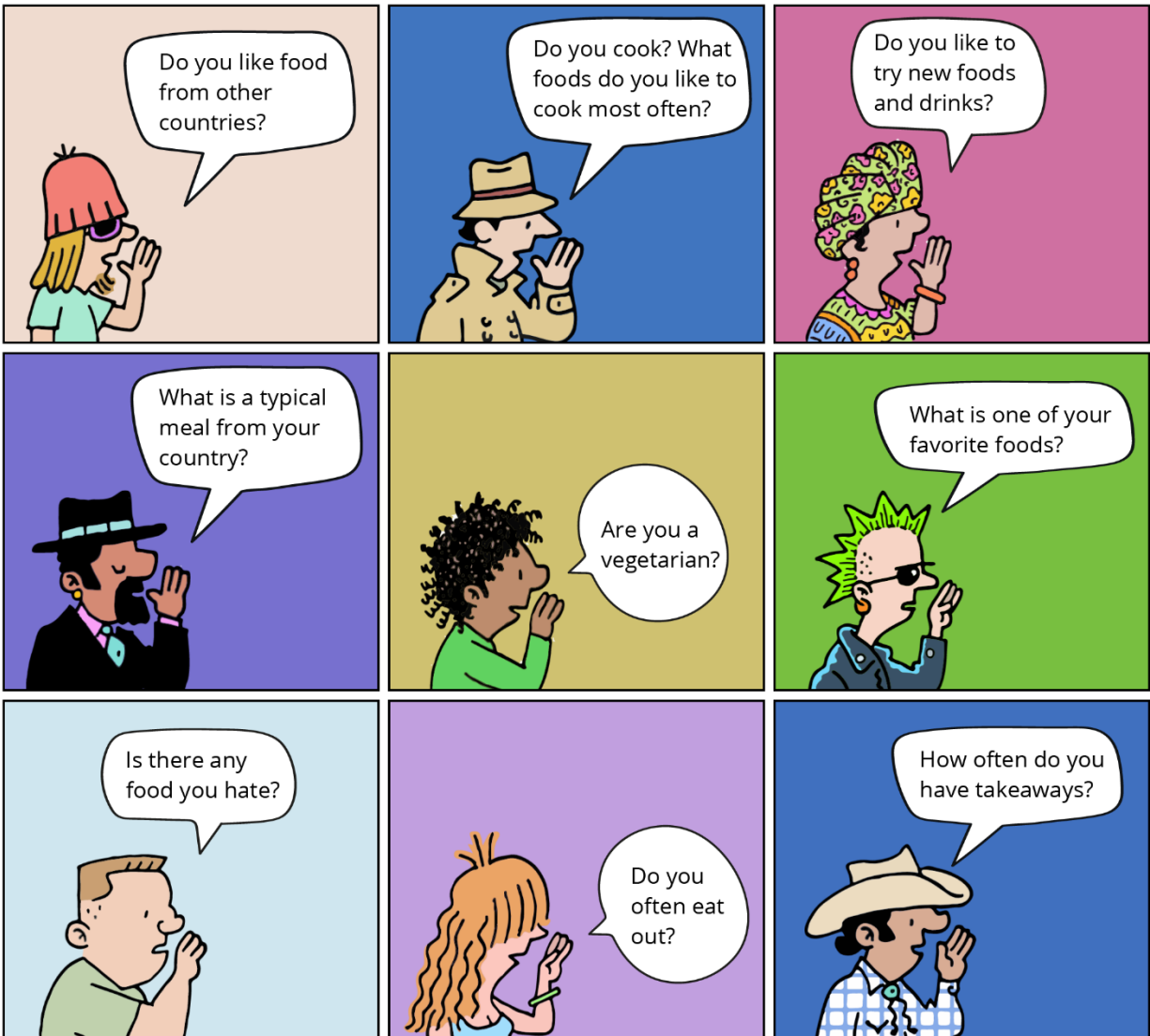
### Finish the lesson with a short “Check out” (5 min)

- During the lesson we learned about food and drink.
- The most important things were useful vocabulary, learning about food in a quiz and healthy eating.
- We were able to do these activities individually and in pairs.
- As an assignment you need to...., the deadline is....
- We will explore the topic next time when we will learn about (name the following topic)

## 2. Worksheet for the student

### EXERCISE 1:

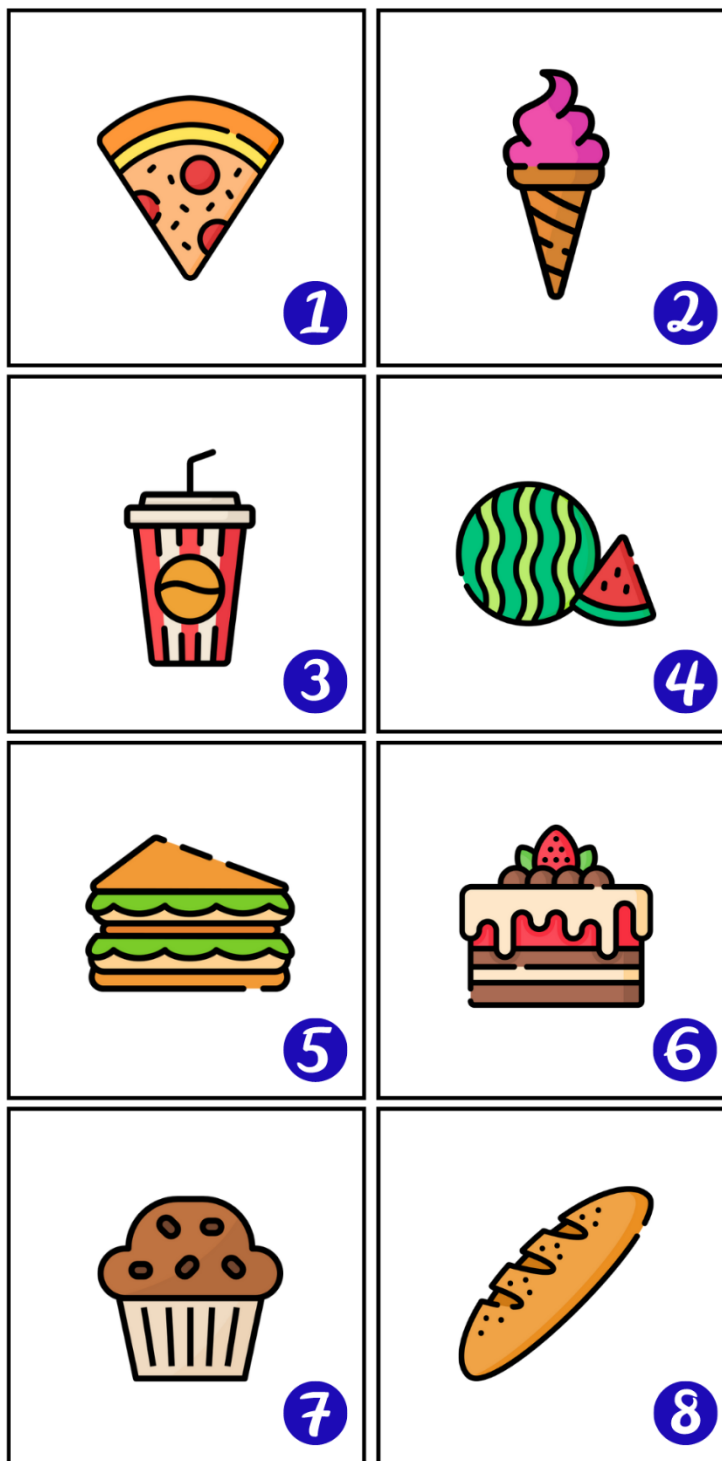
Work with a partner or several partners. Ask and answer the questions.



This comic was created at [www.MakeBeliefsComix.com](http://www.MakeBeliefsComix.com). Go there and make one now!

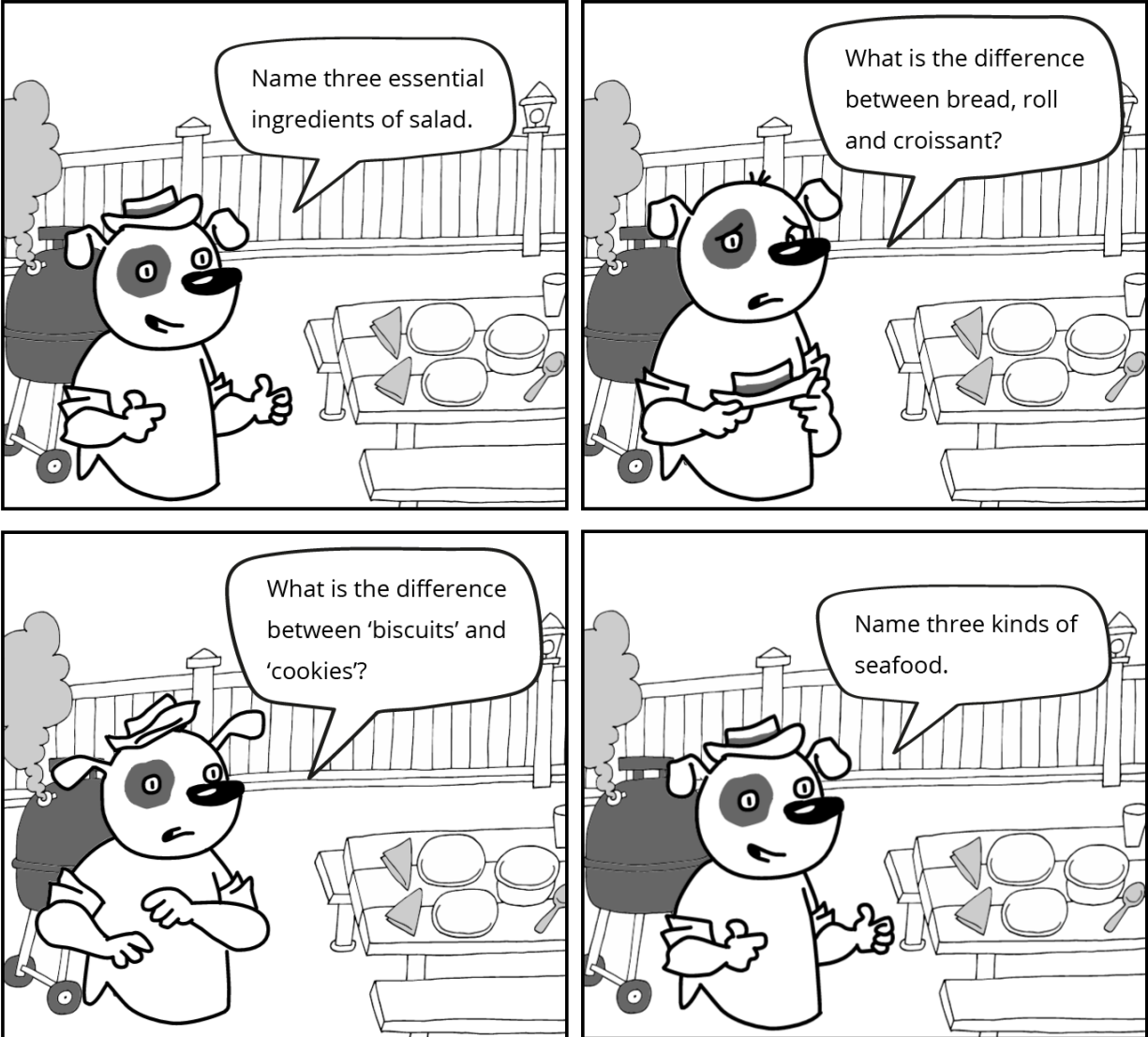
**EXERCISE 2:** Match the words to the pictures.

- sandwich
- cake
- pizza
- bread
- ice-cream
- watermelon
- cupcake
- drink



### EXERCISE 3:

Maxi's Food Quiz. Read the clues and guess the food or drink.





#### EXERCISE 4:

Match the questions with their correct answer.

- A. Stilton, Brie, Camembert and Edam are all kinds of what? • • 1. Olive oil & saffron.
- B. What's the difference between a pie and a tart? • • 2. The origin of the term.
- C. Spaghetti, macaroni and ravioli are all kinds of what? • • 3. Cheeses
- D. Name two important ingredients used in Spanish food. • • 4. One has a pastry covering.
- E. What's the difference between French fries, chips and crisps? • • 5. Pasta





### III. Modification and Differentiation ideas

Alternatively, you could use comic creation activities to create and complete a comic strip showing the steps of a recipe, planning a dinner party, buying the weekly groceries, making a cocktail etc. Anything related to food!

### IV. References

Makebeliefcomix - [www.makebeliefscomix.com/](http://www.makebeliefscomix.com/)

Canva - [www.canva.com/es\\_es/](http://www.canva.com/es_es/)

Storyboard That - [www.storyboardthat.com/es](http://www.storyboardthat.com/es)

The second exercise uses resources from [www.flaticon.com](http://www.flaticon.com)